

# Here we go — the final stretch of 2025!



You made it through another wild, unpredictable year, and you're still standing, still learning, still leveling up. That alone is worth celebrating. Seriously — take the win.

Now 2026 is waving its arms like, "Let's GO!"

## **This is your reset.**

Your chance to build a year that feels energizing, aligned, and actually fun.  
Set bold goals.

Say yes to what lights you up.

Put your health, creativity, and joy back on the front burner where they belong.

## **2026 is the year you step into your life with both feet.**

More movement.

More laughter.

More clarity.

More connection.

You're not just hoping for a better year —  
you're building one.

Here's to living our best life in 2026 — energized, unstoppable, and fully awake.



## *2025 Review*

What worked well this year?

What drained you?

What is calling for change in 2026?



## ***Vision Flash-Forward: December 2026***

*Imagine it's the end of next year and things went really well.  
What are you proud of?*

**Personal:**

**Personal:**

**Impact + Community:**



## ***One 2026 Priority:***

*Identify the one focus area that would create the biggest shift for you this year, the thing that deserves your attention, energy, and alignment.*

A large, empty light gray rectangular area intended for the user to write their 2026 priority.



# ***YOUR 30-60-90 DAY MAP***

## **30 Days: First Action Step**

This is your starting point.

What is one meaningful action you can take within 30 days that moves your goals forward? Keep it simple, doable, and aligned.

## **60 Days: Visible Progress**

By the 60-day mark, you should see early signs that your goal is taking root.

What do you want to have shifted, become clearer, or working more smoothly within 60-days? Think: behaviors, systems, confidence, consistency.



## ***YOUR 30-60-90 DAY MAP***

### **90 Days: Outcome Shift**

At 90 days, you're looking for a noticeable change, the kind of shift that shows your work is paying off.

What difference do you want to see in your results, leadership, habits, or energy within 90-days?

This framework keeps you grounded in progress, not perfection, and ensures you stay aligned long after the 2026 Goal-Setting.